



Little Tree Play Therapy House is approved by Association for Play Therapy, USA (APT) to provide continuing education specific on play therapy (*APT Approved Provider: 13-344*)

**Trainers:**

Dr. Susan M. Knell, Ph.D., LLC; Dr. Theresa A. Kestly, Ph.D., RPT-S; Dr. Eliana Gil, Ph.D., RPT-S, ATR;  
Dr. Laura Hutchison, PsyD, LP, RPT-S  
Ms. Sheri Mitschelen, LCSW, RPT-S; Ms. Carmen Mui Cheuk, MSW, RSW, RPT-S

**Entrance Requirement:**

For APT (Association for Play Therapy, USA): Master Degree in mental health professions.

For APPTA (Australasia Pacific Play Therapy Association): Bachelor Degree in a health or allied health profession or early childhood education.

For Self-development: Bachelor degree or equivalent is necessary.

## 2020 Play Therapy Training Schedule

**Total Hours: 150**

Phase I (Total 51 credit hours)	Credit Hours	Date	Trainer Language
<b>Session One</b> Power of Play and Development of Play Therapy	4hrs 2:00pm-6:00pm	April 19 (Sun)	Ms Carmen Cheuk (Cantonese)
<b>Session Two - Part 1 &amp; Part 2</b> Roots of Play and Language of Play	16hrs 9:00am-6:00pm	April 26 (Sun) May 10 (Sun)	Ms Carmen Cheuk (Cantonese)
<b>Session Three</b> Eight Basic Principals and The Art of Relationship	8hrs 9:00am-6:00pm	May 17 (Sun)	Ms Carmen Cheuk (Cantonese)
<b>Session Four</b> Play Therapy and Ecosystem	8 hrs 9:00am-6:00pm	Jun 14 (Sun)	Ms Carmen Cheuk (Cantonese)
<b>Session Five</b> Neurobiology of Play	7 hrs 8:00am-11:30am	Jun 21 (Sun) Jun 25 (Pub.)	Dr. Theresa Kestly (English)
<b>Session Six</b> Child Development and Play Therapy in Clinical Perspective	8hrs 11:45am-1:15pm 2:15pm-4:45:pm	Jun 21 (Sun) Jun 25 (Pub.)	Ms Carmen Cheuk (Cantonese)
<b>Phase II (Total 52 credit hours)</b>			
<b>Session Seven</b> Emotional Development and Regulation	8hrs 9:00am-6:00pm	Sep 6 (Sun)	Ms Carmen Cheuk (Cantonese)
<b>Session Eight</b> Play for the Family: Using Play Therapy with Families	6 hrs 8:00am-11:00am	Sep 13 (Sun) Sep 20 (Sun)	Dr. Laura Hutchison (English)
<b>Session Nine</b> Family System in Play Therapy	10 hrs 11:00am-12:00nn & 1:00pm-5:00pm	Sep 13 (Sun) Sep 20 (Sun)	Ms Carmen Cheuk (Cantonese)

<b>Session Ten</b> Play Therapy and Children's Anxiety	10hrs 1:30pm-6:30pm	Oct 11 (Sun) Oct 18(Sun)	Ms Carmen Cheuk (Cantonese)
<b>Session Eleven</b> Cognitive Behavior Play Therapy	10hrs 7:30pm-10:00pm	Oct 11 (Sun) Oct 18 (Sun) Oct 25 (Sun) Oct 26 (Pub.)	Dr. Susan M. Knell (English)
<b>Session Twelve</b> Sand in Play Therapy	8hrs 2:30pm-6:30pm	Oct 25(Sun) Oct 26(Pub.)	Ms Carmen Cheuk (Cantonese)
<b>Phase III (Total 47 credit hours)</b>			
<b>Session Thirteen</b> Play Therapy and Trauma	8 hrs 8:00am-5:00pm	Nov 01 (Sun)	Dr. Eliana Gil (E.) Ms Carmen Cheuk(C.)
<b>Session Fourteen</b> Play Therapy and Bereaved Child	8hrs 9:00am-6:00pm	Nov 08 (Sun)	Ms Carmen Cheuk (Cantonese)
<b>Session Fifteen</b> Play Therapy for Adolescents	8 hrs 8:00am-12:00nn	Nov 15 (Sun) Nov 22 (Sun)	Ms. Sheri Mitschelen (English)
<b>Session Sixteen</b> Art in Play Therapy	8 hrs 1:00pm-5:00pm	Nov 15 (Sun) Nov 22 (Sun)	Ms Carmen Cheuk (Cantonese)
<b>Session Seventeen</b> Group Sand Tray Therapy	7 hrs 9:00am-12:30am	Dec 6 (Sun) Dec 13 (Sun)	Dr. Theresa Kestly (English)
<b>Session Eighteen</b> Play Therapy in School Setting	8hrs 1:30pm-5:30pm	Dec 6 (Sun) Dec 13 (Sun)	Ms Carmen Cheuk (Cantonese)
<b>Final Assessment (APPTA only)</b>	1hr 5:45pm-6:45pm	Dec 13 (Sun)	Ms Carmen Cheuk

Enquiry: Please call 852-6227-8906 for Ms Cheuk or e-mail: [info@littletree.com.hk](mailto:info@littletree.com.hk)